

FAMILY MEETING CHECKLIST



PLAN THE MEETING

- REGULAR TIME
- AGREE TOPICS
- ROTATE CHAIR

AT THE MEETING

- FAMILY TEMPERATURE CHECK
- EVERYONE INPUT

GET IDEAS

- EVERYONE CONTRIBUTES
- LISTEN TO ALL

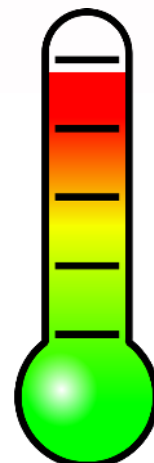
PICK BEST SUGGESTION

- VOTE FROM IDEAS YOU HAVE
- SHARE OUT TASKS

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"other things may change us, but we start and end with the family"- Anthony Brandt

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Very Stressed
Overloaded
Seriously Unhappy

Troubled
Tired
Deflated

Relaxed
Calm
Contented

HAVE FUN

- END ON A POSITIVE
- SHARE A TREAT TOGETHER

KEEP MEETINGS SHORT

- SHORT ATTENTION SPANS
- AGE DEPENDENT

MAKE THINGS HAPPEN

- KEEP A NOTE TO REMIND
- REWARD + PRAISE



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